

FOR ATTENTION OF ALL STUDENTS, INTERNS & PG STUDENTS



RAGGING IS TOTALLY PROHIBITED KINDLY MAKE US PROUD TO ANNOUNCE THAT OUR CAMPUS IS RAGGING FREE A. J. INSTITUTE OF MEDICAL SCIENCES, MANGALURU

Ragging is totally prohibited in the institution and anyone found guilty of ragging and/or abetting ragging, whether actively or passively, or being a part of a conspiracy to promote ragging, is liable to be punished in accordance with the regulations and as well as the provisions of penal law for the time being in force under section 26(1)(G) of the UGC Act 1956 called UGC regulations on curbing the menace of ragging in higher educational institutions 2009 & Dental Council of India Prevention & Prohibition of Ragging in Dental Colleges Regulations 2009.

Any Form of Ragging activities specified below are punishable as per law.

- Any conduct by any student or students whether by words spoken or written or by an act, which has the effect of teasing, treating or handling with rudeness a fresher or any other student.
- Indulging in rowdy or in disciplined activities by any student or students, which causes or is likely to cause annoyance, hardship, physical or psychological harm or to raise fear or apprehension thereof in any fresher or any other student.
- Asking any student to do any act, which such student will not in the ordinary course do and which has the effect of causing or generating a sense of shame, or torment or embarrassment so as to adversely affect the physique or psyche of such fresher or any other student.
- Any act by a senior student that prevents, disturbs or disturbs the regular academic activity of any other student or a fresher.
- Exploiting the services of a fresher or any other student for completing the academic tasks assigned to an individual or a group of students.
- Any act of financial extortion or forceful expenditure burden put on a fresher or any other student by students;
- Any act of physical abuse including all variants of it: sexual abuse, homosexual assaults, stripping, forcing obscene and lewd acts, gestures, causing bodily harm or any other danger to health or person
- Any act or abuse by spoken words, emails, post public insults which would also include deriving perverted pleasure, vicarious or sadistic thrill from actively or passively participating in the discomfiture to fresher or any other student.
- Any act that effects the mental health and self confidence of a fresher or any other student
- With or without an intent to derive a sadistic pleasure or showing of power, authority or superiority by a student over any fresher or any other student.
- To address seniors 'Sir'
- To perform mass drills
- To copy class notes, records etc
- To do menial job for the seniors
- To ask/answer vulgar questions
- To look at pornographic pictures to 'shock the freshers out of their innocence
- To force to drink alcohol. Scalding tea etc.

- To force to do acts with sexual overtones, including homosexual acts.
- To force to do acts which can lead to physical injury / mental torture or death:
- To strip, kiss etc.
- To do other obscenities
- To perform or enact sexual acts

Punishments: The following will be the punishments for those who are found guilty of participation in or abetment of ragging. The quantum of punishment shall, naturally, depend upon the nature and gravity of the offence as established by the Disciplinary Committee or the court of law.

- Cancellation of admission
- Suspension from attending classes
- With holding/withdrawing scholarship / fellowship and other benefits
- Debaring from appearing in any test/examination or other evaluation process
- Withholding results/
- Debaring from representing the institution in any national or international, meet, tournament, youth festival etc.
- Suspension / Expulsion from the hostel
- Rustication from the institution for periods varying from 1 to 4 semesters
- Expulsion from the institution and consequent debaring from admission to any other institution
- Fine Rs. 1,00,000/-**
- All parents & students have to furnish the affidavits each year, failing which admission/continuation of students will be suspended and hostaliars will be sent out.
- Rigorous imprisonment as per Honorable Supreme Court or by a Court of Law

THE ABOVE RULES ARE APPLICABLE FOR ALL THE STUDENTS, INTERNS AND PG'S OF ALL THE COURSES OF LMET IN THE CAMPUS

MENTORS:

- | | |
|--------------------|---------------------|
| 1. Bhavani R Nayak | 6. Akarsh Hegde |
| 2. Shafna Kabeer | 7. Utsav Shetty |
| 3. Sameeksha Rao | 8. Aamir Shamas |
| 4. Aditi Patil | 9. Karthik Cariappa |
| 5. Charitra | 10. Aadharsh SK |

Sd/-
DEAN

ANY INCIDENT OF RAGGING AS SPECIFIED, STUDENTS ARE HEREBY REQUESTED/DIRECTED TO CONTACT / INFORM ANY OF THE FOLLOWING ANTI RAGGING MEMBERS BY JUST AN SMS, EMAIL, CALL OR IN WRITING, WHICHEVER IS CONVENIENT.

Anti Ragging Committee		Email ID	Phone No.
Dr. Vinay Kumar V	Chairperson	dr7795767676@gmail.com	7795767676
Dr. Shodhan Rao Pejavar	Convener & Member	shodhan.rao@gmail.com	8867857937
Dr. Sushith	Member	drsushith@yahoo.com	9448215315
Dr. Kalpana Shridhar	Member	kalpanasridhar@yahoo.co.in	9845279772
Dr. Pradeep Ganiga	Member	pradeepganiga@yahoo.com	9845989750
Dr. M B Prathima	Member	mbprathima@gmail.com	9741112764
Dr. Pavithran P	Member	dpavithran@outlook.com	9886261109
Dr. A Amritha Bhandary,	Member	amrithabhandary@rediffmail.com	9343567853
Dr. Sritharan	Member	sritharanr@gmail.com	886628401
Dr. Aravind P	Member	aravindp@outlook.com	9448127559
Dr. Chidananda Moorthy	Member	drchidy@yahoo.com	9964280537
Dr. Shreekrishna G N	Member	shreekrishna_gn@yahoo.co.in	9964280537
Dr. Janice Dsa	Member	janicedsa@gmail.com	9901614616
Dr. Prashanth K U	Member	prashanth1996@yahoo.com	9686917141
Dr. Sanchita Shettigar	Member	dsanchita_12@yahoo.com	9449244205
Dr. Deepthi V H	Member	dr.deepthi.vh@gmail.com	9035098600
Ms. Shanhalala Baliga	Member	shanhalala_baliga@rediffmail.com	9880515817
Mr. Abhilash - PR	Member	pvabhilash@yahoo.com	9972919999
Mr. Dayananda Shetty, Administrative Officer	Member	shetty.dayananda@gmail.com	9448036675
Mr. A Amritha Kini, Advocate	Member	aakini@manuadvocates.com	9845543533
Dr. Sanjana Suvaram, III Year PG	Member	sanjanasuvaram58@gmail.com	8971780758
Dr. Tanush Shetty, III Year PG	Member	tanushshetty65@gmail.com	9738921232
Dr. Akarshitha B, II Year PG	Member	akarshitha1210@gmail.com	9480230821
Dr. Neekash Satish Agari, II Year PG	Member	neekashagari@gmail.com	9495807682
Dr. Hemanth Sai Guduru, I Year PG	Member	hemanthsaiguduru1234@gmail.com	8639339722
Dr. Akshay Bhandary Perdoor, I Year PG	Member	akshaybhandarydr@gmail.com	9741423454
Dr. Unnikrishnan Anil, IV Year MBBS Student	Member	Unnikrishnananil70@gmail.com	9497128150
Mr. Sudhamshu Kashyap, IV Year MBBS Student	Member		8884151303
Mr. Akarsh Shetty, III Year MBBS Student	Member	Akarshshetty210@gmail.com	9945372101
Mr. Vamsi Krishna D, III Year MBBS Student	Member	vamsido@gmail.com	9483396916
Ms. Bhavani R Nayak, III Year MBBS Student	Member	Bhavanir1705@gmail.com	8073348300
Mr. Aamir Shamas, II Year MBBS Student	Member	Aamirshamas022@gmail.com	7012601983
Ms. Shafna Kabeer, III Year MBBS Student	Member	shafnakabeer@gmail.com	9895372089
Mr. Karthik Cariappa, III Year MBBS Student	Member	Karthik007911@gmail.com	7259920476
Mr. Eshan Machani, II Year MBBS Student	Member	Eshanmachani62@gmail.com	8951855644
Ms. Mithali, II Year MBBS Student	Member	milammambala@gmail.com	9740625647
Mr. Bhuvan Vaishnav Marla, I Year MBBS Student	Member	marlabhuv@gmail.com	9731026039
Ms. Chaitra Pai, I Year MBBS Student	Member		6366208742
Mr. Bhaskar Gowda, Parent of I MBBS Student	Member		9535796499

Anti Ragging Squad		Email ID	Phone No.
Dr. Pradeep Senapathi	HEAD	pradzone@gmail.com	9964676761
Dr. Sharath Kumar K	Member	doosharath@yahoo.co.in	9945684880
Dr. Reshma S	Member	drreshmakiran@yahoo.co.in	9845480008
Dr. Sarah Varghese	Member	sarahvzax@gmail.com	7259990909
Dr. Pranav Roshan Quadras	Member	prquadras@gmail.com	9916262531
Dr. Sumedh S Shetty	Member	shettysumedh@yahoo.com	880878949
Dr. Pavithra K	Member	pavithrak1611@gmail.com	9740943151
Dr. Shreyas Hegde	Member	drshreyashegde@gmail.com	9845420622
Dr. Srinivas Bhat	Member	drsrinivasbhat@gmail.com	739462521
Dr. Chandrashekar R	Member	chandumoon47@gmail.com	9483787982
Dr. Ravindra V Mandolikar	Member	ravinmandolikar1012@gmail.com	8884325034
Dr. Aswathy Rajan	Member	ar_aswathy@yahoo.com	8123550952
Dr. Pradyumna R Bhandary	Member	prady14@hotmail.com	9164080876
Dr. Vishwas K Pai	Member	divika08@gmail.com	9845513748
Dr. Aravind Rai	Member	arvinddefendor@gmail.com	9632842010
Dr. Chaitra R	Member	chaitra.moodya@gmail.com	9916815719
Dr. Jini P Abraham	Member	abrahampapa@hotmail.co.uk	7259724465
Dr. Nithin Thomas Terence, Senior Resident of Cardiology	Member	nithinterence@gmail.com	9947555556
Dr. Bande Akash Sudhakarrao, Senior Resident of Urology	Member	akashbande123@gmail.com	9373537876
Mr. Harish Gowda	Member	harishgowda5679@gmail.com	9448300527
Dr. Shetty Gaurav Kishore, III Year PG	Member	gauravshetty251191@gmail.com	8123727787
Dr. Hariprasad S Shetty, III Year PG	Member	shettyshbhar@gmail.com	8105385241
Dr. Sharanya Shetty, III Year PG	Member	sharanayash@gmail.com	9902033573
Dr. Swathi S, III Year PG	Member	swathis31994@gmail.com	9481756807
Dr. Sanat Udyavar, III Year PG	Member	hegdeakshata10@gmail.com	9738412389
Dr. Tanush Shetty, III Year PG	Member	tanushshetty65@gmail.com	9738921232
Dr. Prajna G. Kini, III Year PG	Member	prajna_kini@yahoo.co.in	9481842462
Dr. Manjushree Prabhu P, II Year PG	Member	manjushreevivekpg@gmail.com	9901602222
Dr. Akarshitha B, II Year PG	Member	akarshitha1210@gmail.com	9480230821
Dr. Suraksha Rai P, I Year PG	Member	raisoraksha139@gmail.com	9480446899
Dr. Dinish A Vincent, I Year PG	Member	dinishakara@gmail.com	9895215613

ANTI RAGGING HELPLINE - TOLL FREE No.: 1800 -180-5522 (24 Hours)